



Minutes of the Stella Maris Health & Wellness Committee Meeting

Date: Friday, June 27, 2014 **Time:** 9:30 AM **Place:** Alice Stollenwerk's Home

Members Present: Julie Kudick, Marian Irmen, Melanie Johnson, Colleen Monske, Barb Pasquesi, Lynn Polacek and Alice Stollenwerk

The meeting was called to order by Alice at 9:40 am. We began with a prayer lead by Alice.

MINUTES: The minutes from the May meeting were approved by the committee members.

STING CANCER: Nothing new on STING CANCER program. With the addition of a Pastoral Associate and a new Faith Formation Director, it seems that STING CANCER will evolve into something more pertinent to deal with the needs of the parish. Perhaps it is an idea whose time has not yet come, but one that should not be lost. At the next meeting, Colleen will go over the STING CANCER concept so that we are all better prepared to answer any questions that may arise,

BLOOD PRESSURE: We will continue to offer blood pressure screenings at two sites for the month of July. Melanie/Lynn will send an email to volunteers requesting assistance, but for the time being, the schedule is as follows:

July 12 -- 4:00 pm, Fish Creek, Vonnie Callsen & Grace Held
July 13 -- 8:00 am, Baileys Harbor, Julie and Wayne Kudick
August 9 -- 6:00 pm, Egg Harbor, Colleen and Marian
Sept 13 -- 6:00 pm, Jacksonport, Colleen
Oct 12 -- 8:00 am, Egg Harbor – **VOLUNTEER NEEDED**
Nov 9 -- 4:00 pm, Fish Creek, Vonnie Callsen & Grace Held
Dec 14 -- 10:00 am, Sister Bay, Lynn Polacek

MARKETING: Our website is experiencing an average of 150 visitors a month, up from 100 per month. Our bulletin articles have been restricted to 200 words per week, but the parish is looking into an extended bulletin. We all agreed that the bulletin is a real avenue for education, offering great information, more than just a list of monthly meetings. Since we will be moving forward with hiring a parish nurse, it is important that we include an article to educate the congregation on the position, explaining that we have received the funds (and from whom) and that the position is going to be established. Perhaps we should have the newly hired FCN make a presentation after mass. It was suggested that we might want to have Q & A brochures at church when the announcement is made. Also, we will include this information on the website. Articles are required by Door County Community Foundation and Green Bay. It is necessary that we market to our own parish and give credit where credit is due regarding the funding.

CSR: Julie did an outstanding job presenting the Faith Community Nurse position to the CSR committee. The idea of such a position was very well received, and the committee was very supportive. We also appreciate the support of the Parish Council.

EDUCATION: CHIP is scheduled for the next year

- July 13 - Dr. Winkler, Green Bay Oncology, Prostate Cancer
- Aug 24 - SPEAKER TO BE CONFIRMED, Exercise Safety and Preventing Injuries
- Sept 28 - Making the Most of your Physician's Visit
- Oct 26 - Breast Cancer
- Nov 16 - Chiropractic Treatment

The presentation on Diabetes was excellent, with 18 attended. Great questions and well received.

FAITH COMMUNITY NURSE:

After much hard work and a tenacious attitude, the Faith Community Nurse Sub-committee succeeded in acquiring the funds to support the position of a Faith Community Nurse. Congratulations to the committee – Alice, Julie and Lynn! The Greater Green Bay Community Foundation awarded us the full allocation we requested - \$15,000, and we received \$2,250 from the Door County Community Foundation, for a total of \$17,250 in grant funds. The Finance Council of Stella Maris approved a budget of up to \$18,000 -- so we now have the full budget needed to hire a half time Faith Community Nurse. Julie distributed the job description for the new position and we discussed whether or not a condensed version would be more appropriate for interviewing purposes, breaking down each section with one or two statements under each heading, highlighting the skills and talents to focus on in the interview. Hours can be flexible. It was agreed that regularly scheduled office hours should be added to the description, so as to offer availability to everyone. Vacation time needs to also be discussed. (Half time position should be pro-rated.) Flexibility is a key perk of the position. Alice will check to see if Concordia University may have a Faith Community Nurse program online. The FCN will probably be busier in the winter, so should the position be compensated hourly or paid a salary on a regular 12-month basis. The position will be more of a case manager position i.e. giving referrals, making assessments, etc. We need to keep in mind that there needs to be a limit on the number of hours per week, and it will be necessary to keep specific data the first year. This will be a job that the person hired will structure herself/himself. Feedback is extremely important and is one of the requirements of grants and the parish.

NEW BUSINESS: None

The next meeting will be held on Tuesday, August 12 at 10:00 am at Alice's home.

Respectfully submitted,

Barb Pasquesi

7/8/2014