



Minutes of the Stella Maris Health & Wellness Committee Meeting

Date: Monday, May 5, 2014 **Time:** 9:30 AM **Place:** Julie Kudick's Home

Members Present: Julie Kudick, Marian Irmen, Barb Pasquesi and Alice Stollenwerk

Excused: Mary Anderson, Melanie Johnson, Colleen Monske, and Lynn Polacek

The meeting was called to order by Alice at 9:30 am. We began with a prayer lead by Alice.

MINUTES: The minutes from the February meeting were approved by the committee members.

FAITH COMMUNITY NURSE: In an effort to continue moving forward with the possible position of a Faith Community Nurse, the sub-committee put together a *Question and Answer* document to answer common questions that parishioners may raise about the position. After requesting permission from Fr. Dave, Julie filed an application for a \$5000 grant with the Door County Community Foundation and for a grant from the Greater Green Bay Foundation (*Koepseeker Grant*) for \$15,000. Further, support was given from the Finance Council of up to \$18,000, which is a commitment for one year, at which time we will re-evaluate. The hope is that the second year will require less outside assistance, and that, by the third year, the parish will be supporting the position completely. Initially the first priority will be serving our parish, with the intention that we will expand to those outside our parish ... fitting it into the total parish picture of Spreading the Kingdom of God. **Thank you so much, Lynn, Julie and Alice, for all your hard work!** The final draft of the *Question & Answer* document re: Faith community Nurse will be distributed to all committee members. The Door County Community Foundation is a sustainability grant with renewal ability. MINISTRY is still very supportive of the Faith Community Nurse concept; however, there is another arm of the hospital working on a similar position. They cannot offer any financial support at this time, but will keep us updated as to their position. There is room for collaboration with the MDCMC and we will continue to keep in touch. It is important that we keep specific data from the very beginning, and MINISTRY is cooperating and trying to get information for us. Should we be proceeding forward with creating a job description, hiring, etc? It was agreed that we will wait until mid-June when we hear back regarding both grants. We also want to thank Becky Nash for her input, as well as Lorie and Jim.

STING CANCER: Parishioner Julie Duffy contacted the parish requesting support for her son, Collin Duffy, who was just diagnosed with aplastic anemia. This is an opportunity for us to integrate the committee into the parish. We should be working to come up with ideas for support. Initially, this will probably come through Faith Formation in the form of cards. We will be submitting an article on Aplastic Anemia for the parish bulletin. We need more community-minded ideas and will talk to Becky regarding her involvement in the program.

BLOOD PRESSURE: Melanie will look up and give us a volunteer update when she gets home in a few weeks. The upcoming schedule is:

May 10 -- 4:00 pm, Fish Creek, Chris Wehrs and Marian
June 8 -- 10:00 am, Sister Bay, Lynn and Tom Polacek
 11:00 am, Jacksonport, (*Lynn will call to see who is available*)
July 12 -- 4:00 pm, Fish Creek, Vonnie Callsen and Grace Held
July 13 -- 8:00, am Baileys Harbor, Julie and Wayne Kudick

MARKETING: We continue to submit weekly articles for the bulletin; however, due to the increase of information being submitted, our articles are restricted to 200 words. This shouldn't be a problem, as most of our articles are about that length. CHIP PROGRAMS are receiving great exposure through weekly "blurbs" in our bulletins, the *Pulse* and other media, as well as announcements in all churches. Grocery bag "stuffers" with each quarter's CHIP information are also being distributed at Main Street Market and Piggly Wiggly.

CSR: Julie will be speaking on May 20 at the CSR meeting on the progress of the Faith Community Nurse position, and is hoping to have a response to at least one of the grant applications at that time. It is important that we keep the CSR committee informed of our progress and plans.

EDUCATION: The scheduled speaker for the August is unavailable; Alice will contact Dr. Arnold today to see if he would be available to present on *Sports Medicine and Preventing Injuries*. Due to scheduling with Sister Bay Baptist, the date must remain August 24. The current schedule is:

May 18	-	Door-Tran, Transportation:Recent Changes and Future Plans
June 22	-	Prevention and Treatment of Type 2 Diabetes
July 13	-	Dr. Winkler, Green Bay Oncology, Prostate Cancer
Aug 24	-	Dr. Arnold, Sports Medicine and Preventing Injuries (hopefully)
Sept 28	-	Making the Most of your Physician's Visit
Oct 26	-	Breast Cancer
Nov 16	-	Chiropractic Treatment

We agreed that a CHIP on *Dementia* should be done each year. *Alternative Medicine* should also be added to next year's roster.

NEW BUSINESS: None

The next meeting will be held on Friday, June 27 at 9:30 am at Alice's home.

Respectfully submitted,

Barb Pasquesi
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