



Minutes of the Stella Maris Health & Wellness Committee Meeting

Date: Tuesday, Sept 9, 2014 **Time:** 10:30 AM **Place:** Barb Pasquesi's Home

Members Present: Julie Kudick, Barb Pasquesi, Lynn Polacek and Alice Stollenwerk

Excused: Marian Irmen, Melanie Johnson, Colleen Monske,

The meeting was called to order by Alice at 11:00 am. We began with a reflection lead by Julie.

MINUTES: The minutes from the August meeting were approved as written.

BLOOD PRESSURE: After conducting an inventory of the blood pressure bags, Lynn confirmed that we have two full sets of all the equipment, two stethoscopes and materials in each bag. The current schedule for blood pressure screenings after mass is as follows:

September 13, 6:00 pm, Jacksonport, -- Barb Martin/Barb
October 12, 8:00 am, Egg Harbor -- Barb Martin/Marian
November 8, 4:00 pm, Fish Creek -- Vonnie/Alice
December 14, 10:00 am, Sister Bay -- Lynn/Barb

MARKETING: Our website is experiencing an average of 125 -150 visitors a month, up from 100 per month. We discussed the fact that changes will probably be made regarding our weekly articles in the bulletin. We may be alternating weeks with CSR, as well as making the space available for the FCN whenever she requests it. Once a year, CSR and Health & Wellness will get a full size page, as has always been the case, but the bulletin articles, part of our ministry and goals, will be probably be reduced. It will be a challenge for us, but it will work out. It is important to get the information regarding the monthly CHIP programs into the bulletin, but it may be necessary to do so in the *Our Faith News* section. With the bulletins that are already written, we will probably be able to finish out the year with articles about and written by our new FCN. There is a Diocesan Parish Nurse Network Meeting on Tuesday, September 16, from 1:00 to 2:30, and it would be helpful if we could send a representative (Barb will attend).

EDUCATION: After a failed attempt last year to implement a funded program in Northern Door County involving education and screening regarding blindness, *Prevent Blindness Wisconsin* was searching for ways to implement the program this year. After a phone call to Julie, the wheels were set in motion, and the following suggestions will most likely be implemented (Way to go, Julie!):

- Adult vision screenings in September and October at the *Loaves & Fishes Meals*
- An "Eye Health" CHIP may be scheduled in 2015
- PBW will contact the YMCA to discuss scheduling vision screenings, maybe at *Wisdom Wednesdays*
- Screenings/surveys could be included at the Moravian churches' "Free Lunch"
- PBW will contact the Scand to see if they might be interested in participating, i.e. surveys

FAITH COMMUNITY NURSE: The interview process for a Faith Community Nurse for our parish has been completed. Originally, we had 4 candidates, and we have submitted an offer to one of them, which included a week of vacation and flexible hours, and are awaiting a response. Looking to the future, Alice will check with Aurora Health Care regarding their sponsoring a Faith Community Nurse and the details of the program. This is information we may be able to use next year in our conversation with Ministry.

NEW BUSINESS: Becky Nash requested 30 minutes at our next meeting: 20 minutes to discuss Stewardship and 10 minutes to introduce the new Faith Community Nurse. We will offer her two dates/times and will meet at her convenience.

The next meeting will be held on **Tuesday, September 30 at 10:30 am at Stella Maris/Sister Bay.**

Respectfully submitted,

Barb Pasquesi

9/11/14